

# REPOSITIONING OUR THINKING FOR JOY AND VICTORY

## “TELL YOURSELF A DIFFERENT STORY.”

2/7/2016

*“You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!” (Isaiah 26:3)*  
*Numbers 13:26-14:2, Joshua 14:7-14*

### I. Introduction

- A. Today, we want to talk about repositioning our thinking/perspective so that we can have God’s peace, joy, and victory.

The Bible teaches us that the life we want to live on the outside begins with repositioning the \_\_\_\_\_ we choose on the inside.”

- *“Your eye (perspective) is a lamp that provides light for your body. When your eye is good, your whole body is filled with light. But when it is bad, your body is filled with darkness.” (Luke 11:34)*
- *“For as a man thinks in his heart, so is he.” (Prov. 23:7b KJV)*

- B. If we allow God to transform our thinking and believing He will transform our living and receiving. *“And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.” (Rom. 12:2)*

- C. From the story of Caleb and Joshua we see that our thinking changes when the \_\_\_\_\_ we tell ourselves change.

Today we want to learn that as we tell ourselves a different story we will be able to live a different life. The story you believe will determine the \_\_\_\_\_ you will receive.

*“For whatever things were written before were written for our learning, that we through the patience and comfort of the scriptures might have hope.” (Rom. 15:4)*

### II. Observations about the story of the spies

- A. Everyone in the story had the \_\_\_\_\_ circumstances, the same God, and the same promises. Yet two were elevated the rest were devastated.

- B. The difference maker was their \_\_\_\_\_. The difference was the two selected their thoughts the others just \_\_\_\_\_ their thoughts.

*“Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.” (Phil. 4:8)-Paul’s “to think” list.*

- C. Caleb and Joshua told themselves and others a \_\_\_\_\_ story. Whereas the 10 told a story based on their fear, the two told a story based on their faith. The ten told a story based on what they could see, the two told a story based on what God \_\_\_\_\_.

1. In every situation of life, beyond what happens is the story we tell. The story is our \_\_\_\_\_ of the facts, what we believe, what we choose to see, and how we justify or determine how we will react. It is bad believing that is the root of bad behaving.
2. When you choose God’s story the right emotions, moods, strategies, and outcomes automatically \_\_\_\_\_. When we choose the wrong story the wrong feelings and decisions follow.

3. Joshua and Caleb got their story by making God's story their story. They repositioned what they believed to fit what God \_\_\_\_\_.

This came not just as an inspiration but as the result of deliberate habit of constructing a mindset by \_\_\_\_\_ on God's Word. Meditating is seeing, reviewing, saying, seizing, and acting upon what we read.

- *"Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do." (Josh. 1:8)*
- *"And do not be drunk with wine, in which is dissipation; but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord, giving thanks always for everything." (Eph. 5:18-20)*
- *"...But one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus." (Phil. 3:13-14)*

### III. Keys to telling a different story

- A. Make every story and promise in the Bible \_\_\_\_\_ story.
- B. Commit to \_\_\_\_\_ all of the false stories and turning them into His story for your life.

#### Some key stories.

1. **The story of joy.** *"Rejoice in the Lord always, again I say rejoice." (Phil. 4:4)*
  2. **The story of peace**  
*"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God, and the peace of God which surpasses all understanding will guard your hearts and minds through Christ Jesus." (Phil. 4:6-7)*
  3. **The story of love**  
*"That the sharing of your faith may become effectual by the acknowledgment of every good thing which is in you in Christ Jesus." (Philemon 1:6)*
  4. **The story of identity and victory**
    - *"Just as He chose us in Him, before the foundation of the world, that we should be holy and without blame before Him in love."*
    - *"This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!" (2 Cor. 5:17)*
    - *"For I can do all things through Christ who gives me strength." (Phil. 4:13)*
- C. Let God break every mental stronghold by telling yourself the \_\_\_\_\_. As you stand in his truth, He sends His Word and heals.

A stronghold is: a lie that became an identity, a temptation that became an addiction, a negative experience that became a permanent fear, a bad emotion that became a predictable reaction, a lie that's become a label, a failure that's become an excuse, and a bad situation that has become a negative attitude.

(Answers: thoughts, stories, blessing II. same perspective, accepted, different, said interpretation, follow, said, meditating III. Your, rewriting, truth)